

VILLAGE OF LAKE SUCCESS: FITNESS CENTER

VACCINATION POLICY

The Village of Lake Success (the “Village”) has a Fitness Center that residents may apply to join. This policy is being adopted by the Fitness Center as part of the Village’s continued efforts to help mitigate the impact of the outbreak of SARS-COV-2, which continues to circulate and remain an ongoing concern. The CDC advises that certain factors, including age, immunocompromised or weakened immune systems, and underlying health conditions may increase the individual’s risk of getting very sick in the event they contract COVID-19.¹ Further, individuals who are moderately or severely immunocompromised may have a weaker response to COVID-19 vaccinations.²

COVID-19 has been shown to be transmitted by respiratory droplets of individuals who are infected with SARS-CoV-2 (the virus that causes COVID-19.³ Preliminary studies conducted by the CDC following the initial administration of the COVID-19 vaccine showed that individuals who were fully vaccinated were less likely to acquire SARS-COV-2, and were seen to have less severe clinical outcome.⁴ Additionally, it has been shown that individuals who contract COVID-19 are three times as likely to be unvaccinated.⁵

Given the heightened risk of severe outcomes for COVID-19 for individuals who are over 50 years of age or immunocompromised, and the potential increased risk of infection for individuals who are unvaccinated, the Village wishes to implement a policy in the Fitness Center to help mitigate the risk of exposure to COVID-19. Accordingly, the Village’s Fitness Center Rules are amended as follows:

1. Any member who is unvaccinated may use the Fitness Center at the following times:
Monday: 7:00 a.m. to 8: 00 a.m. and 6 p.m. to 7 p.m.

¹ Source: “Factors That Affect Your Risk of Getting Very Sick from COVID-19,” <https://www.cdc.gov/coronavirus/2019-ncov/your-health/risks-getting-very-sick.html> [last visited 6 January 2023].

² “COVID-19 Vaccines for People Who Are Moderately or Severely Immunocompromised,” <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/recommendations/immuno.html> [last visited 6 January 2023].

³ “Scientific Brief: SARC-CoV2 Transmission” <https://www.cdc.gov/coronavirus/2019-ncov/science/science-briefs/sars-cov-2-transmission.html> [last visited 6 January 2023].

⁴ “Science Brief: COVID-19 Vaccines and Vaccination” <https://www.cdc.gov/coronavirus/2019-ncov/science/science-briefs/fully-vaccinated-people.html#previous> [last visited 6 January 2023].

⁵ “Rates of Vaccinated and Unvaccinated,” N.Y. Times, <https://www.nytimes.com/interactive/2021/us/covid-cases.html> [last visited 6 January 2023].

Tuesday – Sunday: 6:30 a.m. – 8:00 a.m. and 7 pm. to 8 p.m.

2. Any member who provides the Fitness Center staff with proof that they received either the Johnson & Johnson vaccine or two shots of either the Pfizer or Moderna vaccine, or any other vaccine that was administered abroad, may use the Fitness Center during the posted hours of operation.
3. All Fitness Class members or guests of Fitness Class members must be COVID-19 vaccinated. Proof of vaccination must be provided or exhibited at the Village office at the time of application for membership.
4. For Fitness Center Class guests, proof of vaccination must be exhibited upon entering the facility. Any guest who does not provide proper proof of vaccination will be denied access to the fitness center facilities.
5. **Individuals who are exhibiting signs of COVID-19 or who have had a recent exposure to an individual with COVID-19 must refrain from using the Fitness Center until their symptoms have subsided.**
6. **Individuals who test positive for COVID-19 are reminded that under CDC guidelines they are required to quarantine for 5 days from either the onset of their symptoms or 5 days from when they tested positive and are asymptomatic.⁶**
7. Anyone using the facility must wipe down the exercise machines after each use.
8. Those who use the facility must use reasonable efforts to respect the personal space of others and maintain social distancing.
9. Hand sanitizers should be used regularly.
10. The Village reserves the right to modify any of the above in its sole discretion.

⁶ “Isolation and Precautions for People with COVID-19” <https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation.html> [last visited 6 January 2023].